

Zoom Class Timetable: APRIL 2021

MONDAY				
	11:15am - 12:00pm BODY BALANCE Danielle		7:00 – 8:00pm PILATES Sheryl	

TUESDAY				
	10:00 – 10:45am YOGA Nicola		7:00 – 8:00pm PILATES Sheryl	

WEDNESDAY				
	8:15 – 9:00am PILATES Stacey	9:15 – 10:00am ZUMBA Natalie	5:30 – 6:15PM ZUMBA Rebecca	6:15 – 6:45pm HIIT STEP Rebecca

THURSDAY				
	11:15am – 12:00pm YOGA Nicola	5:30 – 6:15pm PILATES Stacey		7:00 – 7:45pm BODY BALANCE Emma

FRIDAY				
	10:15 – 11:00am PILATES Stacey			