

Day	Start Time	Finish Time	Swim Session	Pool
Monday	06:00	08:45	Lane Swimming	Large Pool
Monday	09:00	10:00	Family Swim	Large Pool
Monday	10:00	11:00	General Swim	Large Pool
Monday	11:00	12:00	Splash	Large Pool
Monday	12:00	13:00	Lane Swimming	Large Pool
Monday	13:00	14:00	General Swim	Large Pool
Monday	14:00	15:00	Splash	Large Pool
Monday	15:00	16:00	General Swim	Large Pool
Tuesday	06:00	09:00	Lane Swimming	Large Pool
Tuesday	09:00	09:45	Aqua Relax	Large Pool
Tuesday	09:45	10:30	Aqua Relax	Large Pool
Tuesday	12:00	13:00	Lane Swimming	Large Pool
Tuesday	13:00	14:00	General Swim	Large Pool
Tuesday	14:00	15:00	Splash	Large Pool
Tuesday	15:00	16:00	General Swim	Large Pool
Tuesday	19:10	20:00	General Swim	Large Pool
Tuesday	20:00	21:45	Lane Swimming	Large Pool
Wednesday	06:00	08:45	Lane Swimming	Large Pool
Wednesday	09:00	10:00	Family Swim	Large Pool
Wednesday	10:00	11:00	General Swim	Large Pool
Wednesday	11:00	12:00	Splash	Large Pool
Wednesday	12:00	13:00	Lane Swimming	Large Pool
Wednesday	13:00	14:00	General Swim	Large Pool
Wednesday	14:00	15:00	Splash	Large Pool
Wednesday	15:15	17:00	General Swim	Large Pool
Wednesday	17:00	18:00	Family Swim	Large Pool
Wednesday	21:00	21:45	Lane Swimming	Large Pool
Thursday	06:00	08:45	Lane Swimming	Large Pool
Thursday	09:00	10:00	Family Swim	Large Pool
Thursday	10:00	11:00	General Swim	Large Pool
Thursday	11:00	12:00	Splash	Large Pool
Thursday	12:00	13:00	Lane Swimming	Large Pool
Thursday	13:00	14:00	General Swim	Large Pool
Thursday	14:00	15:00	Splash	Large Pool
Thursday	15:00	16:00	General Swim	Large Pool
Thursday	18:00	19:00	Female Only Swim	Large Pool
Thursday	20:00	21:45	Lane Swimming	Large Pool
Saturday	07:00	08:30	Lane Swimming	Large Pool
Saturday	11:30	13:00	Lane Swimming	Large Pool
Saturday	13:00	14:00	General Swim	Large Pool
Saturday	14:00	15:00	Family Swim	Large Pool
Saturday	15:00	16:00	General Swim	Large Pool
Saturday	16:00	17:00	Lane Swimming	Large Pool
Sunday	07:00	09:00	Lane Swimming	Large Pool
Sunday	13:30	14:30	Family Swim	Large Pool
Sunday	14:30	15:30	General Swim	Large Pool
Sunday	15:30	17:00	Lane Swimming	Large Pool