

Day	Start Time	Finish Time	Swim Session	Pool
Monday	06:00	10:00	Lane Swim	Large Pool
Monday	10:00	11:00	General Swim	Large Pool
Monday	11:00	12:00	General Swim	Large Pool
Monday	12:00	13:00	Lane Swim	Large Pool
Monday	13:00	14:00	General Swim	Large Pool
Monday	14:00	15:00	General Swim	Large Pool
Monday	15:00	16:00	General Swim	Large Pool
Monday	19:00	20:00	Lane Swim	Large Pool
Monday	21:15	22:00	Lane Swim	Large Pool
Tuesday	06:00	10:00	Lane Swim	Large Pool
Tuesday	10:00	11:00	General Swim	Large Pool
Tuesday	11:00	12:00	General Swim	Large Pool
Tuesday	12:00	13:00	Lane Swim	Large Pool
Tuesday	13:00	14:00	General Swim	Large Pool
Tuesday	14:00	15:00	General Swim	Large Pool
Tuesday	15:00	16:00	General Swim	Large Pool
Tuesday	16:00	17:00	General Swim	Large Pool
Tuesday	19:00	20:00	Lane Swim	Large Pool
Tuesday	21:00	21:45	Lane Swim	Large Pool
Wednesday	06:00	10:00	Lane Swim	Large Pool
Wednesday	10:00	11:00	General Swim	Large Pool
Wednesday	11:00	12:00	General Swim	Large Pool
Wednesday	12:00	13:00	Lane Swim	Large Pool
Wednesday	13:00	14:00	General Swim	Large Pool
Wednesday	14:00	15:00	General Swim	Large Pool
Wednesday	15:00	16:00	General Swim	Large Pool
Wednesday	17:00	18:00	General Swim	Large Pool
Wednesday	18:00	19:00	General Swim	Large Pool
Wednesday	19:00	20:00	Family Swim	Small Pool
Wednesday	19:00	20:00	Lane Swim	Large Pool
Wednesday	21:00	21:45	Lane Swim	Large Pool
Thursday	06:00	10:00	Lane Swim	Large Pool
Thursday	10:00	11:00	General Swim	Large Pool
Thursday	11:00	12:00	Family Swim	Small Pool
Thursday	11:00	12:00	General Swim	Large Pool
Thursday	12:00	13:00	Lane Swim	Large Pool
Thursday	13:00	14:00	General Swim	Large Pool
Thursday	14:00	15:00	General Swim	Large Pool
Thursday	15:00	16:00	General Swim	Large Pool
Thursday	16:00	17:00	Family Swim	Small Pool
Thursday	16:00	17:00	General Swim	Large Pool
Thursday	18:00	19:00	SEND Swim Ability	Small Pool
Friday	06:00	10:00	Lane Swim	Large Pool
Friday	10:00	11:00	General Swim	Large Pool
Friday	11:00	12:00	Family Swim	Small Pool
Friday	11:00	12:00	General Swim	Large Pool
Friday	12:00	13:00	Lane Swim	Large Pool
Friday	14:00	15:00	General Swim	Large Pool
Friday	15:00	16:00	General Swim	Large Pool

Friday	16:00	17:00	General Swim	Large Pool
Friday	17:30	19:30	Family Swim	Small Pool
Friday	20:00	21:00	Lane Swim	Large Pool
Saturday	07:00	08:00	Lane Swim	Large Pool
Saturday	10:00	12:00	Lane Swim	Large Pool
Saturday	12:00	13:00	General Swim	Large Pool
Saturday	13:00	14:00	General Swim	Large Pool
Saturday	14:00	15:00	General Swim	Large Pool
Sunday	08:00	10:00	Lane Swim	Large Pool
Sunday	10:00	11:00	General Swim	Large Pool
Sunday	11:00	12:00	General Swim	Large Pool
Sunday	12:00	13:00	General Swim	Large Pool
Sunday	14:00	16:00	Family Swim	Small Pool