

Day	Start Time	Finish Time	Swim Session	Pool
Monday	06:15	09:00	Lane Swim	Large Pool
Monday	09:00	11:30	General Swim	Large Pool
Monday	11:30	13:00	Lane Swim	Large Pool
Monday	13:00	16:00	General Swim	Large Pool
Monday	21:00	22:00	Lane Swim	Large Pool
Tuesday	06:15	09:00	Lane Swim	Large Pool
Tuesday	11:00	12:00	Swimability	Large Pool
Tuesday	12:00	13:00	Lane Swim	Large Pool
Tuesday	13:00	19:00	General Swim	Large Pool
Tuesday	19:00	20:00	Lane Swim	Large Pool
Tuesday	21:00	22:00	Lane Swim	Large Pool
Wednesday	06:15	09:00	Lane Swim	Large Pool
Wednesday	09:00	10:30	General Swim	Large Pool
Wednesday	12:00	13:00	Lane Swim	Large Pool
Wednesday	13:00	16:00	General Swim	Large Pool
Wednesday	18:00	19:00	Lane Swim	Large Pool
Wednesday	21:00	22:00	Lane Swim	Large Pool
Thursday	06:15	09:00	Lane Swim	Large Pool
Thursday	09:00	10:30	General Swim	Large Pool
Thursday	10:30	11:30	Aqua Relax	Large Pool
Thursday	11:30	13:00	Lane Swim	Large Pool
Thursday	13:00	17:30	General Swim	Large Pool
Thursday	21:00	22:00	Lane Swim	Large Pool
Sunday	08:00	09:00	Lane Swim	Large Pool
Sunday	09:00	11:00	Family Swim	Large Pool
Sunday	11:00	12:00	General Swim	Large Pool