

Day	Start Time	Finish Time	Swim Session	Pool
Monday	09:00	10:30	General Swim	Large Pool
Monday	09:00	12:00	Lane Swim	Large Pool
Monday	12:00	13:00	Family Swim	Small Pool
Monday	12:00	13:00	Lane Swim	Large Pool
Monday	13:00	14:00	Family Swim	Small Pool
Monday	13:00	14:00	General Swim	Large Pool
Monday	14:00	15:00	Family Swim	Small Pool
Monday	14:00	15:00	General Swim	Large Pool
Monday	15:00	16:00	Family Swim	Small Pool
Monday	15:00	16:00	General Swim	Large Pool
Monday	19:00	19:45	Junior Swim Fit	Large Pool
Monday	19:00	21:30	Lane Swimming	Large Pool
Monday	20:00	21:00	Female Only Swim	Small Pool
Monday	20:00	21:00	Swim Fit	Large Pool
Tuesday	07:00	09:00	Lane Swim	Large Pool
Tuesday	09:00	10:00	Family Swim	Small Pool
Tuesday	09:00	11:00	Lane Swim	Large Pool
Tuesday	09:00	12:00	General Swim	Large Pool
Tuesday	12:00	13:00	Family Swim	Small Pool
Tuesday	12:00	13:00	Lane Swim	Large Pool
Tuesday	13:00	14:00	Family Swim	Small Pool
Tuesday	13:00	14:00	General Swim	Large Pool
Tuesday	14:00	15:00	Family Swim	Small Pool
Tuesday	14:00	15:00	General Swim	Large Pool
Tuesday	15:00	16:00	Family Swim	Small Pool
Tuesday	15:00	16:00	General Swim	Large Pool
Tuesday	16:00	17:45	General Swim	Large Pool
Tuesday	16:00	17:45	Lane Swim	Large Pool
Tuesday	19:00	20:00	Lane Swimming	Large Pool
Wednesday	06:00	09:00	Lane Swimming	Large Pool
Wednesday	09:00	11:00	Lane Swim	Large Pool
Wednesday	10:30	12:00	General Swim	Large Pool
Wednesday	12:00	13:00	Family Swim	Small Pool
Wednesday	12:00	13:00	Lane Swim	Large Pool
Wednesday	13:00	14:00	Family Swim	Small Pool
Wednesday	13:00	14:00	General Swim	Large Pool
Wednesday	14:00	15:00	Family Swim	Small Pool
Wednesday	14:00	15:00	General Swim	Large Pool
Wednesday	15:00	16:00	Family Swim	Small Pool
Wednesday	15:00	16:00	General Swim	Large Pool
Wednesday	19:00	21:30	Lane Swim	Large Pool
Thursday	07:00	09:00	Lane Swim	Large Pool
Thursday	12:00	13:00	Family Swim	Small Pool
Thursday	12:00	13:00	Lane Swim	Large Pool
Thursday	13:00	14:00	General Swim	Large Pool
Thursday	14:00	15:00	General Swim	Large Pool
Thursday	15:00	16:00	Family Swim	Small Pool
Thursday	15:00	16:00	General Swim	Large Pool
Thursday	19:00	19:45	Junior Swim Fit	Large Pool

Thursday	20:00	21:00	Swim Fit	Large Pool
Friday	06:00	09:00	Lane Swim	Large Pool
Friday	09:00	11:30	General Swim	Large Pool
Friday	09:00	12:00	Lane Swim	Large Pool
Friday	11:45	12:30	Dementia Freindley Swim	Large Pool
Friday	12:00	13:00	Family Swim	Small Pool
Friday	12:00	13:00	Lane Swim	Large Pool
Friday	13:00	14:00	Family Swim	Small Pool
Friday	13:00	14:00	General Swim	Large Pool
Friday	14:00	15:00	Family Swim	Small Pool
Friday	14:00	15:00	General Swim	Large Pool
Friday	15:00	16:00	Family Swim	Small Pool
Friday	15:00	16:00	General Swim	Large Pool
Friday	19:15	20:15	Family Swim	Small Pool
Saturday	11:00	11:45	General Swim	Large Pool
Saturday	11:45	12:30	General Swim	Large Pool
Saturday	13:15	14:15	Splash	Large Pool
Sunday	08:00	10:00	Lane Swimming	Large Pool
Sunday	08:00	14:00	Family Swim	Small Pool
Sunday	10:00	14:00	General Swim	Large Pool
Sunday	14:00	15:00	SEND Swim Ability	Small Pool
Sunday	14:00	15:30	Lane Swimming	Large Pool