



**ACTIVE**  
communities



# THE DEN

**ONE SPACE**   
**ENDLESS OPPORTUNITIES**

**YOUR LOCAL HUB FOR PLAY, SPORT & CREATIVITY**

The Den, Unit G7 Walkden Retail Park, M28 3ZD

**DANCE, GYMNASTICS, ART & CRAFTS, YOUTH CLUBS,  
GAMING, BIRTHDAY PARTIES & MORE**



## Welcome to The Den - your local hub for play, sport and creativity in Walkden.

The Den is a multi-functional space designed to bring the community together under one roof. From first steps to golden years, there is something for everyone.

Whether you're looking to play sports, get creative with arts and crafts, join a gaming session, attend a youth club, or simply connect with local youth workers, it's all happening here.

Check out our weekly timetable, packed with a wide range of exciting activities for all ages and interests.

To make booking quick and easy, download the Salford Community Leisure App and secure your place on sessions in just a few clicks.



Alternatively, to book online, visit our website at:

[salfordcommunityleisure.co.uk/whats-on/the-den](https://salfordcommunityleisure.co.uk/whats-on/the-den)

## We can't wait to welcome you to The Den

For more information contact us by email: [activecommunities@scll.co.uk](mailto:activecommunities@scll.co.uk)

*In partnership with*

**Salford City Council**


Follow us on socials



Unlock more with The Den Membership, designed to give young people access to a wide range of activities in a safe, social, and exciting environment.

For just £15 per month, members can take part in multiple sessions giving incredible value and more opportunities to get involved.

### WHAT'S INCLUDED?

Any activity in the programme marked with the membership icon  is included as part of The Den Membership. This means members can enjoy access to multiple sessions including:

**DANCE**

**INFLATABLE SPORTS ZONE**

**CONSOLE GAMING**

**POOL**

**AIR HOCKEY**

**CRAZY GOLF**

**TABLE TENNIS**

**ARTS & CRAFTS**

**AND MORE...**




**WITH THE DEN MEMBERSHIP  
THERE IS SOMETHING FOR EVERYONE**

**JOIN TODAY AND MAKE THE DEN YOUR SPACE**



### IMPORTANT TO KNOW:

Only sessions that display the membership icon  are included within the £15 monthly offer. Activities without the icon may still be booked but will require a separate booking or payment.

# MONDAYS

## 10.30 - 11.15am - Decades Dance & Chat **Age 18+**

A fun, friendly and relaxed session designed to bring people together through music, movement and conversation. Travel back in time as we dance to the greatest hits from the 50s, 60s, 70s, 80s and beyond. No experience needed just come along, have a dance, share a story and enjoy the atmosphere.

## 1 - 1.45pm - Baby Gym **Age 9 months+**

This fun parent led class, involves progressive play with gymnastics based equipment and music.

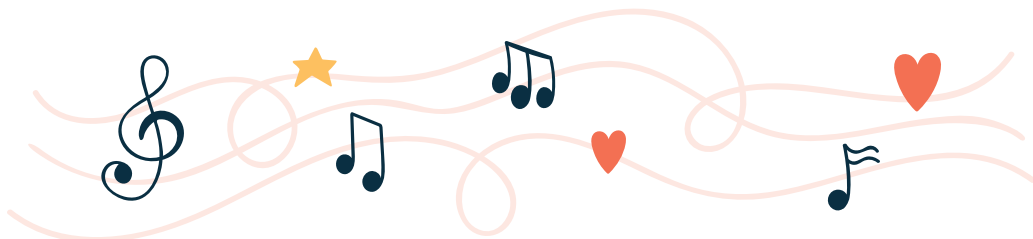


## 4 - 4.45pm & 4.45 - 5.30pm - RISE Discover **Age 3-4**

These sessions help children to progress and achieve at their own pace whilst exploring through play. Discover has three ability levels which can be delivered through exciting themes, designed to capture a child's imagination. Gymnasts can achieve medals and certificates for each level to recognise their effort and attendance. RISE Gymnastics can be paid for as part of our Gymnastic Membership, which also includes free swimming at age-appropriate General Swim sessions across the city, exclusive tennis court access at certain times throughout the week and more!

## 5.45 - 6.30pm - SEND Dance **Age 8-16**

Join us at our fun and friendly dance club. Learn new moves to your favourite songs, meet new friends whilst improving balance, coordination and agility. Combining simple dance routines along with the use of equipment including ribbons, scarves, pom pom's and parachutes. The fun routines and activities are designed so that everyone can join in and have a good time.



# TUESDAYS



## 4 - 4.45pm - Ballet & Disco

Age 3-5 years

Children will explore basic ballet steps, rhythm and coordination in a playful and imaginative way, before switching it up with high-energy disco routines to their favourite upbeat songs.

## 4.45 - 5.45pm - Ballet & Disco

Age 6-8 years



Our Ballet & Disco sessions build on the basics and help children develop technique, confidence and performance skills. Dancers will learn fundamental ballet movements, improve balance and coordination, and begin linking steps together into short routines. The session then shifts to high-energy disco, where children can let loose, learn fun choreographed routines and dance to their favourite upbeat tracks.

## 6 - 8pm - GM Darts

Age 8+

GM Darts Project 180 is a fun, fast paced session where you can test your aim, challenge your mates and improve your skills every week. Learn cool checkout finishes, compete in mini games and matches, and climb the leaderboard as you go.



# WEDNESDAYS

## **10.30am - 12pm - Sporting Memories** **Age 50+**

Our Sporting Memories sessions bring people together through the power of sport. With quizzes, discussion and interactive activities such as curling, participants share memories of watching or playing sport, reconnecting with past moments that spark joy and conversation. By tapping into a shared passion for sport, we help build friendships and reduce isolation.

## **1 - 3pm - Home Education sessions** **Age 5-11**

Our Home Education Programme runs in structured 6 week blocks, offering a varied and engaging timetable of activities. Young people can work towards an accredited qualification such as Sports Leadership, take part in non-accredited learning such as Mini Medics and enjoy practical sessions including dance, gymnastics and a range of physical activities.

## **3.45 - 4.45pm - Art Club** **Age 5-11** ★

Active Arts is suitable for young people aged 5-11 years to come and get crafty for an hour of creative fun. The session will include a range of interactive activities including drawing, painting, collage, sculptures, games and slime workshops.

## **5 - 6.30pm - Junior Youth Club** **Age 8-12** ★

High energy fun at The Den, from action packed sport in our inflatable sports arena to pool, table tennis and air hockey, there's always something happening. Dive into console and VR gaming, get creative with arts sessions, and hang out with friends in a safe space supported by experienced youth workers.

## **6.45 - 8.15pm - Senior Youth Club** **Age 12+** ★

Hang out with friends, meet new people and get involved in creative projects, discussions with youth workers, volunteering opportunities and fun challenges.

# THURSDAYS

**4 - 4.45pm - Community Street Dance**

**Age 4-7**



Open to all abilities. Learn new routines, build confidence and make friends.

**4.45 - 5.45pm - Community Street Dance**

**Age 8-11**



Learn new routines, build confidence and connect with others.

**6.15 - 7.15pm - Inflatable Sports Zone**

**Age 4-7**



Play inside a giant inflatable arena that keeps all the excitement in one place. Activities may include football, basketball, dodgeball, handball and team competitions.

**7.15 - 8.15pm - Inflatable Sports Zone**

**Age 8-12**



Join in fast-paced matches, fun challenges and burn loads of energy. Activities may include football, basketball, dodgeball, handball and team competitions.

# FRIDAYS

**3.30 - 5pm - Games Zone**

**Age 4-7**



Featuring crazy golf, pool, table tennis, air hockey, inflatable gaming arena and a variety of board games and LEGO, there's something for everyone to enjoy.

**5.15 - 6.45pm - Junior Youth Club**

**Age 8-12**



A fun youth club that offers a range of activities to appeal to a broad range of interests, including, multi-sports, arts & crafts and console experience.

**7 - 8.30pm - Senior Youth Club**

**Age 12+**



Friday nights at The Den are a safe space to hang out with friends, meet new people and get involved in creative projects, discussions with youth workers, volunteering opportunities and fun challenges.

# SATURDAYS



**9 - 10.30am - Shop & Drop** Age 4-11 ★

Drop your kids off and enjoy doing your shopping in peace while the kids burn some energy in our giant inflatable sports arena!

**Multi Sports Parties** £150 based on 15 attending



Book a party and let the kids enjoy our giant inflatable arena that keeps all the excitement in one place. Activities may include football, basketball, dodgeball, handball and team competitions. Supervised by our experienced team.

**PARTY TIMES:** 11.30am - 1pm / 1.45 - 3.15pm / 4 - 5.30pm

# SUNDAYS

**9 - 10.30am - Family Zone** Age 4-11 ★

Bring the kids for a morning of games and fun at The Den.

**Bouncy Castle Parties** £150 based on 15 attending

A fun party filled with jumping, tumbling and bouncing on our colourful inflatable bouncy castle.

**PARTY TIMES:** 11.30am - 1pm / 1.45 - 3.15pm / 4 - 5.30pm



Book your party here

